

(For children 5 and up)

# What level should you sign up for?

Can your child safely perform a...

handstand, cartwheel & backward roll?

Not yet, sign up for Level 1

Yes



Not yet, sign up for Level 2

lunge, front handspring & round-off?

Yes

handstand to bridge, back hip circle, & round-off, rebound?

Not yet, sign up for Level 3

Yes

Tick tock, back handspring & front handspring (on tramp)?

Not yet, sign up for Level 4

Yes

round-off, front & back handspring & kip & more?

Sign up for Level 5



Still unsure? Email us at [CG@JumpAroundGymnastics.com](mailto:CG@JumpAroundGymnastics.com) or [DF@JumpAroundGymnastics.com](mailto:DF@JumpAroundGymnastics.com)